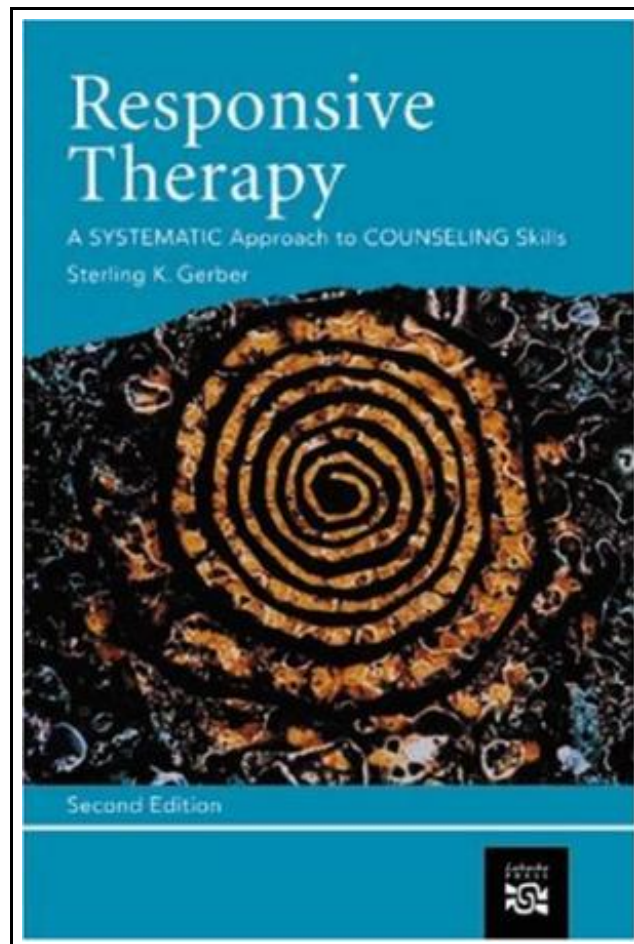


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RESPONSIVE THERAPY: A SYSTEMATIC APPROACH TO COUNSELING SKILLS (SKILLS, TECHNIQUES, & PROCESS)



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Routledge, 2003. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Contents Note: Each chapter concludes with a Summary. I. Learning Basic Skills 1. Cognitive Foundation A Common Thread in Therapies Theoretical Basis of Responsive Therapy Systems of Analyzing Therapy 2. Initiating the Counseling Process Establishing the Right Environment Conducting the First Session Using Initiating Skills Creating a Professional Presence Refining the Funnel Analogy Exercises 3. Tracking Skills Down the Communication Funnel Paraphrase of Messages Reflection of Feelings Formalization of Nonverbal Cues Description of the Situation Managing the Tracking Skills Summary of Messages Exercises 4. Enhancing Skills--General Guidelines for Processing Proper Use of Silence Pacing Physical Contact--Touch Minimum Interrogation Perception Checking Process Management Exercises 5. Operational Dynamics of the Responsive Therapy Process Progress Management Therapy in Three Acts Process Amplification Internal Congruence: An Analogue for the Goal of Responsive Therapy Client Styles Application of Appropriate Intervention Method Clarification: A Special Case Gestalt Therapy 6. Enhancing Skills--Specific: Applications of Strategies for Change Four Families of Learning Theory Perceptually Based Assessment Model Specific Process Enhancement Intervention Models Affective Methods Behavioral Methods Cognitive-Perceptual Methods Cognitive-Rational/Linguistic Methods Selecting a Method II. Application Strategies for Different Client Circumstances and Styles 7. An Affective Model Underlying Assumptions Appropriate Clientele Dynamics Application Examples Limitations and Cautions 8. A Behavioral Model Underlying Assumptions Appropriate Clientele Dynamics Application Examples Limitations and Cautions 9. A Cognition-Perceptual Model Underlying Assumptions Appropriate Clientele Dynamics Application Examples: Conditions of Cognitive-Perceptual Deficit Application Examples: Conditions of Cognitive-Perceptual Surplus Limitations and Cautions 10. A Cognition-Rational/Linguistic Model Underlying Assumptions Appropriate Clientele Dynamics Application Examples Limitations and Cautions 11. Theory Base: An Integrative Approach Background Underlying Assumptions Responsive Therapy: An Integrative Model.

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