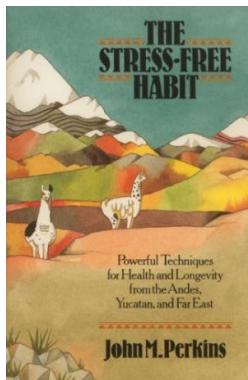


## Stress Free Habit: Powerful Techniques for Health and Longevity from the Andes, Yucatan and the Far East



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