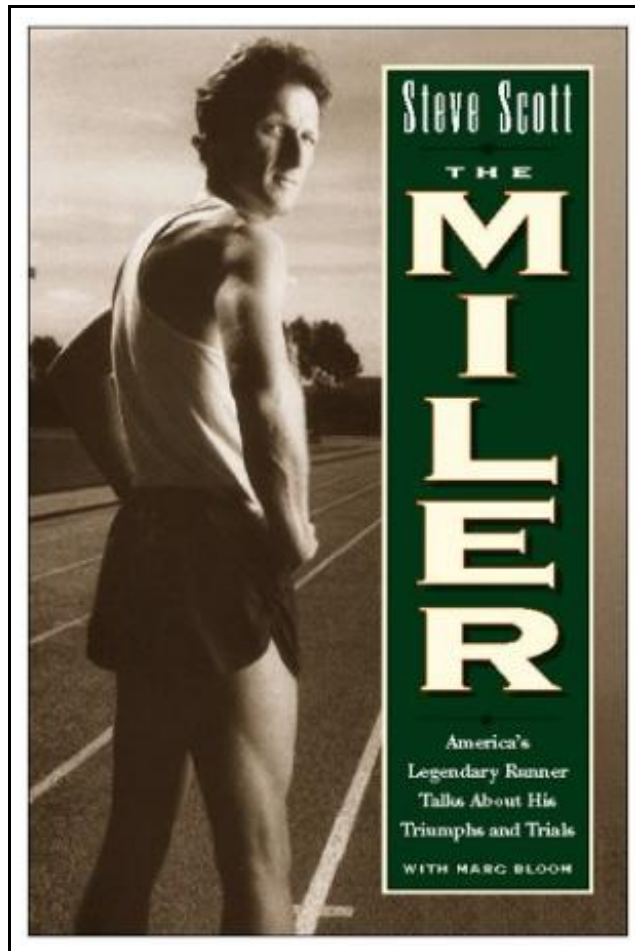


The Miler: America's Legendary Runner Talks About His Triumphs and Trials



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THE MILER: AMERICA'S LEGENDARY RUNNER TALKS ABOUT HIS TRIUMPHS AND TRIALS



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Macmillan, 1997. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Meet Steve Scott, outstanding world-class athlete with an indefatigable zest for life and will to win. Here is the story of the track star and the man, whose talent and determination have taken him to the pinnacle of worldwide track and field for the better part of his twenty-seven-year career. A three-time Olympian blessed with the miler's prized combination of strength and speed, he earned a top-ten track and field world ranking eleven times and distinction as America's number-one miler from 1977 to 1986. The Miler takes us inside Scott's training regimen and mental preparation techniques, then invites us behind the scenes into the controversial topics of drug abuse, track-and-field politics, and under-the-table payoffs that transformed mile racing in the United States and abroad. Scott recounts his evolution from promising high school runner to disciplined international elite athlete. He also covers the modern history of the sport, from the days when athletes had to wait hours after meets to pick up their meager appearance fees to the current era of powerful sports agents, lucrative sponsorships, and bigmoney prizes.



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