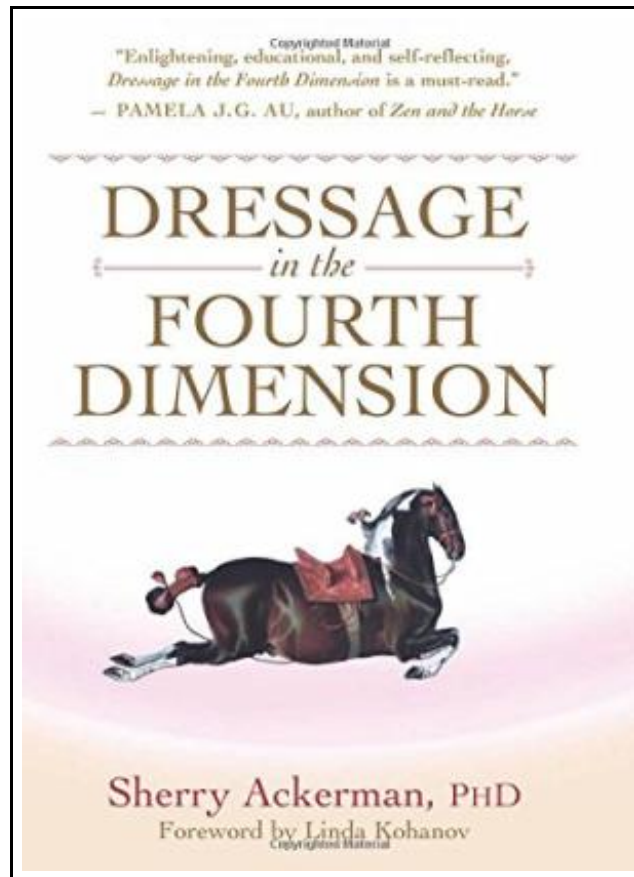


Dressage in the Fourth Dimension (2nd)



Filesize: 4 MB

Reviews

This type of publication is every thing and helped me seeking ahead and much more. It usually fails to charge too much. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Juliet Mertz)

DRESSAGE IN THE FOURTH DIMENSION (2ND)



New World Library. Hardback. Book Condition: new. BRAND NEW, Dressage in the Fourth Dimension (2nd), Sherry L. Ackerman, Dressage is often seen as the most formal and controlled of the equine sports, following an ancient, standardized training progression. For philosophy professor and dressage instructor Sherry Ackerman, dressage is a transformational art, an avenue for reflection, exploration, and self-knowledge through which a rider can experience liberation from the narrowly individual, egoistic self. This second, revised edition of "Dressage in the Fourth Dimension" is a pioneer work in awakening 'dressage consciousness'. It requires readers to deconstruct every assumption they have ever held about riding - to ask 'Why?' and to become okay with not knowing. Drawing on such diverse sources as geometry, ancient Western and Eastern philosophies, and spirituality, Ackerman seeks to heal humanity's alienation from nature through riding and dressage. She points readers toward liberation from societal conditioning, from externally legislated morality and normative thinking, and ultimately from their own egos. Her concept of the Fourth Dimension requires the reader to leave the analytic, objective mind behind and enter into the mystery of inspiration. A short, unique, and enigmatic work that has enjoyed a word-of-mouth reputation among horse people for years yet has also been unavailable, "Dressage in the Fourth Dimension" will challenge riders' assumptions about their horses and themselves.



[Read Dressage in the Fourth Dimension \(2nd\) Online](#)



[Download PDF Dressage in the Fourth Dimension \(2nd\)](#)

Relevant Books



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Save Document »](#)



Accused: My Fight for Truth, Justice and the Strength to Forgive

BenBella Books. Hardback. Book Condition: new. BRAND NEW, Accused: My Fight for Truth, Justice and the Strength to Forgive, Tonya Craft, Mark Dagostino, This is the true story of a woman who prevailed against the...

[Save Document »](#)



Would It Kill You to Stop Doing That?

Book Condition: New. Publisher/Verlag: Little, Brown Book Group | A Modern Guide to Manners | A laugh-out-loud guide to modern manners by acclaimed humorist, author, and Vanity Fair columnist Henry Alford. | A few years...

[Save Document »](#)



Goodparents.com: What Every Good Parent Should Know About the Internet (Hardback)

Prometheus Books, United States, 2000. Hardback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. The Internet may now be the most powerful, single source of information in the world, and...

[Save Document »](#)



Who am I in the Lives of Children? An Introduction to Early Childhood Education

Pearson Education (US), United States, 2015. Paperback. Book Condition: New. 10th Revised edition. 254 x 201 mm. Language: English . Brand New Book. Note: This is the bound book only and does not include access...

[Save Document »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Ice City (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 170 x 145 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

[Save Book »](#)

**I Wish My Teacher Knew: How One Question Can Change Everything for Our Kids (Hardback)**

The Perseus Books Group, United States, 2016. Hardback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. One day, third-grade teacher Kyle Schwartz asked her students to fill-in-the-blank in this sentence:

[Save Book »](#)

**My Life as a Third Grade Zombie: Plus Free Online Access (Hardback)**

Gallopade International, United States, 2013. Hardback. Book Condition: New. 224 x 142 mm. Language: English . Brand New Book. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh

[Save Book »](#)

**Billy's Booger: A Memoir (sorta)**

Atheneum. 1 Cloth(s), 2015. hard. Book Condition: New. From what might not sound like the most promising title (at least to grown-ups), William Joyce introduces readers 6 to 8 to his younger self Billy Joyce,

[Save Book »](#)

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 5: Dolphin Rescue (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

[Save Book »](#)